

EAST MUNSTER SCHOOLS CROSS COUNTRY

DATE ; FRIDAY January 30th 2015

VENUE St Augustine's College Dungarvan

TIME 12.30 SHARP

EVENTS

Minor under 14 on 1st July '15 Girls 1500m, Boys 2000m

Junior under 15 on 1st July '15 Girls 2000m, Boys 3000m

Inter under 17 on 1st July '15 Girls 3000m, Boys 4500m

Senior under 19 on **1st Jan '15** Girls 2500m, Boys 5000m

Teams GIRLS 6 with 3 to score

BOYS 8 with 4 to score

ENTRY FEES E15.00 per team E4.00 per individual

Download entry forms and send as a hard copy to address below

Athletes must compete in their own age group but a team may include one athlete from the age group immediately below

Only athletes from affiliated schools may compete.

There will be a Minor All Ireland in Cross Country again this year.

Entries to Mary Ashe

10 Meadowlands

Abbeyside

Dungarvan {058 43116}

BEFORE Friday Jan 23th NO LATE ENTRIES

as results are being done on computer.

**Thurs Feb 12th Glo Health Munster Schools Cross Country
C.I.T**

Tues March 3rd Munster Schools Indoors Nenagh

Sat March 7th Glo Health All Ireland Schools C.C.

Website www.munsterschoolsathletics.org

