

## County Secondary Schools Track & Field Championships

**Date:** Wednesday 22<sup>nd</sup> April 2015 (Finish by 2.30pm latest)  
**Discus & Hammer Check in at 9.45am to start at 10am**  
**All other events to start at 11am.**

**Venue:** Templemore Athletic Arena

**Entries:** Closing Date: Monday 20<sup>th</sup> April (By Email if Possible Please)  
**Entry Fees:** €1.50. Per Event & €5.00 Per Relay  
**Confirmation:** Emailed entries will be confirmed on day of receipt

**Contact:** Competition Secretary: Jim Ryan, Ballyduff Rd, Two-Mile-Borris, Thurles.

**Telephone/Email:** 086 8281969 [tipperaryschoolsathletics@gmail.com](mailto:tipperaryschoolsathletics@gmail.com)

### Age Categories

**Minor** Under 14 on 1<sup>st</sup> July 2015      **Junior** Under 15 On 1<sup>st</sup> July 2015  
**Intermediate** Under 17 on 1<sup>st</sup> July 2015      **Senior** Under 19 on 1<sup>st</sup> January 2015

### Programme

**Minor Girls:** 100m, 800m, L/Jump      4 x 100m Relay  
**Minor Boys:** 100m, 800m, L/Jump      4 x 100m Relay  
**Junior Girls & Boys** 100m, 800m, L/Jump, Hammer, Discus, S/Putt      4 x 100m Relay  
**Inter Girls** 100m, 800m, 1500m S/Chase, L/Jump, H/Jump, S/Putt, Discus, Hammer  
 4 x 100m Relay  
**Inter Boys** 100m, 400m, 1500m S/Chase, L/Jump, H/Jump, S/Putt, Discus, Hammer  
 4 x 100m Relay  
**Senior Girls:** 100m, 800m, 1500m S/Chase, L/Jump, H/Jump, S/Putt, Discus, Hammer  
 4 x 100m Relay  
**Senior Boys:** 100m, 400m, 1500m, 1500m S/Chase, L/Jump, H/Jump, S/Putt, Discus,  
 Hammer, 4 x 100m Relay

Please note that in the interest of health & safety, ALL Field Event Athletes must be technically proficient and competent in their event. Athletes that do not demonstrate proficiency may be excluded from further participation in that event at the discretion of the Track Referee.

### ORDER OF EVENTS

Track	High Jump	Long Jump 1	Long Jump 2	Shot Putt
Girls 100m	Inter Boys	Minor Boys	Senior Boys	Inter Girls
Girls 800m/1500m S/Chase	Senior Boys	Inter Boys	Junior Boys	Senior Girls
Boys 100m	Inter Girls	Minor Girls	Senior Girls	Junior Girls
Boys 800/1500m S/Chase	Senior Girls	Inter Girls	Junior Girls	Junior Boys
Boys 400m				Inter Boys
Relays				Senior Boys

Track Events Sequence: Minor, Junior, Intermediate & Senior

### GENERAL INFORMATION

**NUMBERS:** - Numbers will be allotted to each, entered, athlete and fees will be payable, on the day.

**FOOTWEAR:** - Only 5mm Tartan Needle Spikes in running Shoes. No football boots allowed

Athletes will have 3 attempts only in the Long Jump, Shot Putt, Discus & Hammer

Yours in Sport Jim Ryan for Tipperary Athletics