

WATERFORD COLLEGES ATHLETICS
CHAMPIONSHIPS.

Venue - Waterford Track

Date - Wednesday April 22nd @ . 12.30

Entry Fee - 3 Euro per Athlete, €8 per relay team.

N.B. Competitor can only compete in **THEIR OWN** age group.

Maximum 2 events plus 1 relay per athlete

1. The entries must be WRITTEN on entry form
2. Athletes can only be entered in a maximum of two individual events
3. Maximum of 4 competitors per school in field events
4. Athletes can compete in only one relay
5. Minors and Juniors can only compete in either the 800m or 1500m
6. By signing the form the teacher is accepting the insurance regulation that those taking part have had a minimum of four hours instruction in the event.
7. Don't forget to return the cups

Closing Date for Entries Fri April 17th

Enquiries to MARY ASHE 058 - 43116
 10 Meadowlands, Dungarvan.

**East Munster Girls Wednesday April 29th in Templemore
@ 12.00**

**East Munster Boys Wednesday May 6th in Waterford
@ 11.30**

Munster Schools Saturday 16th May Cork @ 9.30

All Ireland Schools Saturday May 30th Tullamore 9am