

Medals for Munster at SIAB Schools International



The SIAB Schools U/17 Track & Field International took place in Grangemouth Stadium, Scotland on Saturday 21st July 2018 with 22 Munster athletes taking part & bringing home 4 individual medals in total (2 silver & 2 bronze), and 3 Relay medals (3 silver). **Marc Jones, Colaiste Muire Cobh** also won gold in the 100m Non-Scoring race on the day with a time of 11.32.



Marc Jones on his way to winning the Non-Scoring 100m race

Ciara Sheehy, St. Mary's Charleville, the Irish Girls' team Captain, took home silver in the Shot Putt with a throw of 14.84m and also placed 4th in the Hammer with a pb of 54.71m with **Niamh O'Mahony, Presentation Tralee** also winning silver in the 3000m in a time of 9.52.27. Niamh also won the Sean Nyhan medal for the Best Irish Performance on the day. Bronze medals were won by **Megan Lenihan, Hazelwood College** in the Girls Discus (38.98m) & **Orla Coffey, St. Angela's Cork** in the Girls Pole Vault (3.11m). 4th place finishes were recorded by **Ciara Kennelly, St. Brigid's Killarney** in the Girls High Jump (1.67m), **Anna Ryan, Ursuline Thurles** in the Girls Pole Vault (3.11m), **Chisom Ugwuere, St. Flannan's Ennis** in the Girls Triple Jump (11.06m), **Ciara Sheeny, St. Mary's Charleville** in the Girls Hammer (54.71m), **Cillian Griffin, Mercy Mount Hawk** in the Boys 100m (11.15), **Wymin Sivakumar, Colaiste an Spioraid Naomh** in the 100mH (13.53) & the Triple Jump (14.14m), **Shane Aherne, Rochestown College** in the 400mH (57.00) & **Luke O'Carroll, Mercy Mount Hawk** in the

Long Jump (6.85m). 5th place finishes went to **Aoife O'Sullivan, St. Mary's Mallow** in the Girls High Jump (1.64m), **Daniel Hurley, PBC Cork** in the Boy's Long Jump (6.85m), **Tirna Cahill, Pobalscoil na Trionoide Youghal** in the Girl's Hammer (48.73m) & **Emily O'Mahony, St. Augustine's Dungarvan** in the Triple Jump (10.94m) with a 6th place finish for **Tommy Connolly, CBC Cork** in the 1500m (4.15.14). 7th place finishes were recorded by **Ailbhe Doherty, St. Flannan's Ennis** in the 200m (26.41), **Lucy Holmes, Ard Scoil na nDeise** in the 800m (2.15.87), **Marc Jones, Colaiste Muire Cobh** in the 200m (23.14) & **Jake Bagge, Ard Scoil na Mara** in the 800m (1.58.55) with 8th place finishes for **Maeve O'Neill, MICC Dunmanway** in the 1500m (4.49.12) & **Adam O'Dwyer, Thurles CBS** in the Pole Vault (3.61m).



Cillian Griffin in the Boys 100m race



Cillian Griffin, Mercy Mount Hawk (4) in action in the 4 x 100m Relay



Shane Aherne, Rochestown College in the 4 x 400m Relay

In the Relay competitions, **Marc Jones, Colaiste Muire Cobh & Cillian Griffin, Mercy Mount Hawk** both won silver with the Irish Boys 4 x 100m Relay team with **Shane Aherne, Rochestown College** also winning silver with the Irish Boys 4 x 400m Relay team.

In the Girls competition, Ireland scored 152 points to finish 2nd behind England (253) with Scotland in 3rd (136) and Wales 4th (106) while in the Boys competition, Ireland were 2nd overall on 174 points behind England on 258 points with Scotland 3rd on 119 points and Wales in 4th place on 95 points. Congratulations & well done to all our athletes.

Super silver for Irish schools' team

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Super silver for Irish schools' team

The Irish schools' team finished an excellent second place overall on the team standings at the SIAB Schools Track and Field International in Grangemouth, Scotland today (July 21st).

The English chariot powered its way to victory as expected but there was a host of fine performances by the Irish team which included 3

gold, 9 silver and 11 bronze medals. There were also personal bests to boot.

The three individual winners Oisin Lane in the boys' 3k walk in 13:36.63, Emily MacHugh in the girls' 3k walk in 14:55.11 and Cian McPhillips in the boys' 1500m in 4:04.

There were a number of stellar performances and a fine team performance. You can view all the results [HERE](#)