

WATERFORD COLLEGES ATHLETICS
CHAMPIONSHIPS.

Venue - Waterford Track RSC

Date - Wednesday April 10th 2019 @ . 12.00

Entry Fee - 3 Euro per Athlete, € 8 per relay team.

N.B. Competitor can only compete in **THEIR OWN** age group.

Maximum 2 events plus 1 relay per athlete

1. The entries must be WRITTEN on entry form
2. Athletes can only be entered in a maximum of two individual events
3. Maximum of 4 competitors per school in field events
4. Athletes can compete in only one relay
5. Minors and Juniors can only compete in either the 800m or 1500m
6. By signing the form the teacher is accepting the insurance regulation that those taking part have had a minimum of four hours instruction in the event.
7. Don't forget to return the cups
8. Each school must supply at least one official

Entries to Mary Ashe please by Friday April 5th

Enquiries to MARY ASHE 058 - 43116
 10 Meadowlands, Dungarvan.

East Munster Girls Wednesday May 1st in Templemore
@12.00

East Munster Boys **Thursday** May 9th in RSC Waterford
@11.30

Munster Schools Saturday 18th May C.I.T. @9.30

All Ireland Schools Saturday June 1st Tullamore @ 9am